

MIDDLE /HIGH Menu

September 2021

MONDAY Sept 6	TUESDAY Sept 7	WEDNESDAY Sept 8	THURSDAY Sept 9	FRIDAY Sept 10
CLOSED	<p>Cinni Mini String cheese- 1 ea Canned or fresh fruit- 1/2 c Fruit juice- 4 oz</p> <p>Chicken & Cheese Burrito 1 ea Buttered corn- 1/2 c Seasoned green beans- 1/2 c Chilled or fresh fruit- 1/2 c</p>	<p>Chicken Tender Biscuit Canned or fresh fruit- 1/2 c Fruit juice- 4 oz</p> <p>Hot Dogs - 1ea Ketchup-2/Mustard-1/Mayo-1 Peas & carrots- 1/2 c Potato rounds- 1/2 c Chilled or fresh fruit- 1/2 c</p>	<p>Pancake Pups Canned or fresh fruit- 1/2 c Fruit juice- 4 oz</p> <p>Chicken tenders- CN Asst dipping sauce-1 Steamed carrots- 1/2 c Cream potatoes- 1/2 c Yeast roll- 1 ea Chilled or fresh fruit- 1/2 c</p>	<p>french toast- 1 ea Link Sausage- 2 ea Canned or fresh fruit- 1/2 c Fruit juice- 4 oz</p> <p>BBQ sandwich- 1 ea BBQ sauce-1 Baked beans- 1/2 c California blend- 1/2 c Chilled or fresh fruit- 1/2 c</p>
Sept 13	Sept 14	Sept 15	Sept 16	Sept 17
<p>Breakfast Bites Canned or fresh fruit- 1/2 c Fruit juice- 4 oz</p> <p>Bacon cheeseburger- 1 ea Ketchup-2/Mustard-1/Mayo-1 Steamed broccoli- 1/2 c French fries- 1/2 c Chilled or fresh fruit- 1/2 c</p>	<p>Biscuit- 1 ea Chicken for biscuit- 1 ea Canned or fresh fruit- 1/2 c Fruit juice- 4 oz</p> <p>Beef-a-roni Steamed carrots- 1/2 c Steamed broccoli- 1/2 c Yeast roll- 1 ea Chilled or fresh fruit- 1/2 c</p>	<p>Muffin- 1 ea String Cheese Canned or fresh fruit- 1/2 c Fruit juice- 4 oz</p> <p>Spicy chicken sandwich- 1 ea Ketchup-2/Mustard-1/Mayo-1 Sweet Potato Fries Baked beans- 1/2 c Chilled or fresh fruit- 1/2 c</p>	<p>Pancake Pups Canned or fresh fruit- 1/2 c Fruit juice- 4 oz</p> <p>Chicken Tender - 3 ea Asst dipping sauce- 1 ea Cream potatoes- 1/2 c Seasoned green beans- 1/2 c Yeast roll- 1 ea Chilled or fresh fruit- 1/2 c</p>	<p>Sausage Biscuit Canned or fresh fruit- 1/2 c Fruit juice- 4 oz</p> <p>Pizza - 1 ea Buttered corn- 1/2 c California blend- 1/2 c Chilled or fresh fruit- 1/2 c</p>
Sept 20	Sept 21	Sept 22	Sept 23	Sept 24
<p>French toast sticks- 4 ea Canned or fresh fruit- 1/2 c Fruit juice- 4 oz</p> <p>Sloppy Joe- 1 ea Baked beans- 1/2 c Seasoned green beans- 1/2 c Chilled or fresh fruit- 1/2 c</p>	<p>Biscuit- 1 ea Ham & cheese- 1 oz + 1 sl Canned or fresh fruit- 1/2 c Fruit juice- 4 oz</p> <p>Beef nuggets- 8 ea Asst dipping sauce-1 Mashed sweet potato - 1/2 c Collard greens - 1/2 c Cornbread - 1 pc Chilled or fresh fruit- 1/2 c</p>	<p>Grilled cheese- 1 ea Canned or fresh fruit- 1/2 c Fruit juice- 4 oz</p> <p>Grilled chicken sandwich- 1 ea Ketchup-1/Mustard-1/Mayo-1 Potato rounds - 1/2 c California blend- 1/2 c Chilled or fresh fruit- 1/2 c</p>	<p>Animal crackers- 1 ea Yogurt- 4 oz Canned or fresh fruit- 1/2 c Fruit juice- 4 oz</p> <p>Corndog- 1 ea Ketchup-1/Mustard-1 Steamed broccoli- 1/2 c Peas & carrots- 1/2 c Chilled or fresh fruit- 1/2 c</p>	<p>Breakfast bites- 5 ea Canned or fresh fruit- 1/2 c Fruit juice- 4 oz</p> <p>Meatball sub- 1 ea Buttered corn- 1/2c Steamed carrots - 1/2 c Chilled or fresh fruit- 1/2 c</p>