



# 2023 WIREGRASS INSTITUTE



1:30 - 2:20 PM

## HOW TO EMBRACE TEACHER SELF-CARE

HOSTED BY DOTHAN CITY SCHOOLS MENTAL HEALTH SERVICES

**CIVIC CENTER ARENA**

Stress is a part of everyday life. Stress triggers your body to release hormones that can lead long-term to physical and emotional illness. If left unchecked, stress can cause headaches, insomnia, irritability, and inattention. During this workshop, you will learn relaxation techniques and breathing exercises to prepare you to be a better you for yourself and your students!

## ALABAMA ARTS EDUCATION INITIATIVE COMPETITIVE GRANT WRITING WORKSHOP

HOSTED BY ANDY MEADOWS,  
EDUCATION SPECIALIST II, ARTS EDUCATION FOR THE ALABAMA STATE DEPARTMENT OF EDUCATION

**CIVIC CENTER - MEETING ROOM B (FIRST FLOOR)**

Join Andy Meadows, Education Specialist II, Arts Education, for an engaging grant writing session as part of the Alabama State Department of Education's, Alabama Arts Education Initiative Competitive Grant. This session will provide educators with valuable strategies and resources to integrate arts education into their classrooms effectively. Gain practical insights in support of existing art programs already in school, explore cross-curricular connections, and discover innovative approaches to foster creativity and cultural exploration among your students. Details will be discussed about this specific grant application, process and deadlines as well as introducing educators to other arts funding opportunities and resources. Don't miss this opportunity to enhance your teaching practices and empower your students through the power of the arts. Grants application are accepted up to \$25,000.

## CLASSROOM TO CAREER CHAT - A WORKFORCE DEVELOPMENT DISCUSSION

HOSTED BY DOTHAN TECH

**CIVIC CENTER - MEETING ROOM C (FIRST FLOOR)**

Dothan Tech is hosting an interactive panel with Dothan industry leaders to partner with educators on how to solve real-world challenges of hiring future employees with the right skillsets and attitudes!

## ALABAMA LITERACY ACT: USING ACAP READING DATA TO DESIGN TARGETED INSTRUCTION

HOSTED BY DOTHAN INSTRUCTIONAL SERVICES

**CIVIC CENTER - MEETING ROOM D (FIRST FLOOR)**

Are you a 2nd or 3rd grade teacher with a desire to target reading instruction so that your students become proficient readers? Join this session to learn how to use ACAP scores and resources to design meaningful instruction.

## GRADING: A PARDIGM SHIFT - WHAT DOES A GRADE REPRESENT?

HOSTED BY DOTHAN INSTRUCTIONAL SERVICES

**THE GRAND - ST. CHARLES ROOM**

During this session, we are going to take an uncensored look at the way we grade students in our district. While using research to challenge our traditional practices, we will discuss the components of the groundwork (priority standards, proficiency scales and common assessments) that supports the alignment of grading practices to truly reflect what students are learning in K-12 classrooms.

## ADDRESSING BULLYING AND SUICIDE PREVENTION

HOSTED BY DOTHAN CITY SCHOOLS MENTAL HEALTH SERVICES

**THE GRAND - ORLEANS ROOM)**

Meesha Emmett, Chair of the Board of Directors for the Alabama Chapter of AFSP, will present Talk Saves Lives. This presentation will provide participants with a clear understanding on suicide prevention research and what we can do in our communities to save lives. Participants will learn common risk factors and warning signs associated with suicide, and how to keep themselves and others safe.

## MAKING THE MOST OUT OF COMMUNITY COLLABORATIONS

HOSTED BY ALL OF US UAB RESEARCH PROJECT, WIREGRASS MUSEUM OF ART, DOTHAN LEISURE SERVICES, DOTHAN BOYS AND GIRLS CLUB AND MORE!

**THE GRAND (UPSTAIRS)**

Join this active round-table discussion with local organizations to learn how you can engage your students outside of the classroom!

TO RECEIVE CREDIT FOR ATTENDANCE, SIGN UP FORMS WILL BE PROVIDED AT THE CONCLUSION OF EACH SESSION  
**ALL SESSIONS ARE FIRST COME, FIRST SERVE**



# 2023 WIREGRASS INSTITUTE



2:30 - 3:30 PM

## **CONFLICT RESOLUTION AND DE-ESCALATION IN THE CLASSROOM**

HOSTED BY DOTHAN CITY SCHOOLS EXCEPTIONAL STUDENT SERVICES

**CIVIC CENTER ARENA**

In a time where students' social-emotional needs are at an all time high, this session will serve to teach participants techniques for building healthy relationships, managing behavior and de-escalating crisis situations in the school setting. Participants will also explore how to identify student triggers, signs of anxiety and understanding the unmet need. These practices are imperative in preparing for a successful school year.

## **ALABAMA ARTS EDUCATION INITIATIVE COMPETITIVE GRANT WRITING WORKSHOP**

HOSTED BY ANDY MEADOWS,

**CIVIC CENTER - MEETING ROOM B (FIRST FLOOR)**

EDUCATION SPECIALIST II, ARTS EDUCATION FOR THE ALABAMA STATE DEPARTMENT OF EDUCATION

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## **A MOMENT IN TIME: GLOWS AND GROW OF STUDENT ACHIEVEMENT (TESTING)**

HOSTED BY DOTHAN CITY SCHOOLS

**CIVIC CENTER - MEETING ROOM C (FIRST FLOOR)**

ASSESSMENT COORDINATOR

This informative session will help teachers become better acquainted with ALSDE's assessment program. We will discuss how you can use the available testing blueprints as a planning tool for instruction and how they pair with our district's existing instructional resources. Together we will turn our grows into glows!

## **ALABAMA LITERACY ACT: USING ACAP READING DATA TO DESIGN TARGETED INSTRUCTION**

HOSTED BY DOTHAN INSTRUCTIONAL SERVICES

**CIVIC CENTER - MEETING ROOM D (FIRST FLOOR)**

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## **BUILDING ON BRIGHT KEY®: THE FULL SERVICE COMMUNITY SCHOOLS MODEL**

HOSTED BY BRIGHT KEY® DISTRICT COORDINATOR BRITTANY SHEPARD

**THE GRAND - ST. CHARLES ROOM**

What is a full service community school? And how can Dothan City Schools enhance the Bright Key® program to extend its reach?

## **RSA RETIREMENT Q&A**

HOSTED BY DOTHAN CITY SCHOOLS HUMAN RESOURCES  
AND RSA SHARON S. MASSEY

**THE GRAND - ORLEANS ROOM)**

This session is for employees interested in retirement. Sharon S. Massey is a Field Services Representative for the Retirement Systems of Alabama. Sharon will answer questions and provide information related to retirement.

## **MAKING THE MOST OUT OF COMMUNITY COLLABORATIONS**

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